

Level: 3<sup>rd</sup> year

Timing: 1:30h

IBN KHALDOUN UNIVERSITY  
TIARET

Department of physics.

Family Name:

First Name:

Happiness is something that people seek to find. What defines happiness can vary from one to the next. Typically, happiness is an emotional state characterized by feelings of joy, satisfaction, contentment, and fulfillment. While happiness has many different definitions, it is often described as involving positive emotions and life satisfaction.

Two key components of happiness are: First, the balance of emotions, everyone experiences both positive and negative emotions, feelings, and moods. Happiness is generally linked to experiencing more positive feelings than negative ones. Second: life satisfaction, this relates to how satisfied you feel with different areas of your life including your relationships, work, achievements, and other things that you consider important.

✓ Part one: Reading comprehension

1) Give a title to the text: Happiness

2) What is happiness : Happiness is an emotional state characterized by feelings of joy..

.....

3) What do the underlined words in the text refer to?

A. It. happiness

B. This. life satisfaction

4) What are the components of happiness: The balance of emotions, Life satisfaction.

.....

5) True & false: justify,

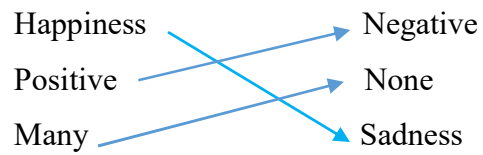
- Happiness has one definition. False

Happiness has many definitions.

- Happiness is a positive emotion. True.

It linked to experiencing more positive feelings than negative ones.

6) Match each word with its antonym.



✓ Part two: Grammar

▪ Complete the following sentences by: at, The , on, a, from.

- **The** sun is shining brightly.
- We are planning **a** Party for next week.
- She is **at** the park.
- She is **from** Spain.
- The book is **on** the table

✓ Part three:

- What is happiness for you?